

## International meeting "Copa da Natal"

### Tenero (Switzerland), 11<sup>th</sup> / 12<sup>th</sup> December 2010

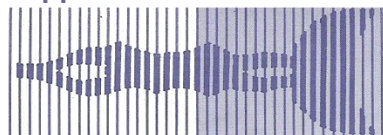
#### PROGRAM

#### Saturday 11<sup>th</sup> December 2010

11:00	Arriving of teams, checking of documents/equipments
11:30	Team-leader meeting
12:00-12:30	Warm-up
12:45	800 SF F/M 50 AP F/M
	<i>Break 10'</i>
	4X50 SF F/M 100 BF F/M 100 SF F/M
	<i>Break 10'</i>
	4X200 SF F/M
16:00	<b>End of the races</b>

#### Sunday 12<sup>th</sup> December 2010

11:30-12:00	Warm up
12:15	400 SF F/M 50 BF F/M 50 SF F/M 200 BF F/M 200 SF F/M
	<i>Break 10'</i>
	4X100 SF F/M
16:00	<b>Prize Giving</b>



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### PARTICULAR REGULATION

#### 1 – DENOMINATION

Flippers Team Locarno with the agreement of SUSV/FSSS and C.M.A.S., will organize the **International meeting "Copa da Natal"**. An International Finswimming Competition will be held in Tenero – Switzerland the December 11<sup>th</sup> and 12<sup>th</sup> 2010.

#### 2 – PARTICIPATION RULES AND RACES

This competition, in accordance with the Finswimming C.M.A.S. International Regulation, SUSV/FSSS National Regulation and this Particular Regulation, includes the following races and categories:

- **Open** (born in 1996 and older), **Cat.B** (1993/94), **Cat.C** (1995/96):  
M/F: 50ap, 50sf, 100sf, 200sf, 400sf, 800sf, 50bf, 100bf, 200bf, 4x50, 4x100, 4x200.
- **Cat.D** (born in 1997/98), **Cat.E** (1999/2000), **Cat.F** (2001 and younger):  
M/F: 50sf, 100sf, 200sf, 400sf, 800sf, 4x50, 4x100, 4x200.
- *Swimming style: ap = apnea; sf = surface; bf = bifins*

There is no limit to participate to individual races. Each club must be associated by a National Federation recognized by C.M.A.S. and each competitor must have the **National Federation Licence and CMAS International Sport Licence**.

#### 3 – COMPETITION PLACE

The Competition will be held in: "Centro Sportivo Nazionale della Gioventù", via Brere, 6598 Tenero (Switzerland). Number 8 lanes, 50 meters long Olympic swimming pool features a constant depth of 1.80 m. Temperature is 27° +/- 1° C.

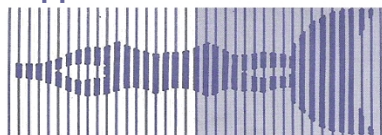
#### 4 – FINAL ENROLMENTS

The final enrolments must be completed on the attached entry form and must be received before Saturday November 27<sup>th</sup> 2010 at the following email address: [info@flippers.ch](mailto:info@flippers.ch).

The inscription fee: Euro 25.00 for club, Euro 3.00 each distance and Euro 12.00 each relay. Fee paid for not performed races will not be reimbursed. The maximum amount of a club enrolment is of Euro 700.00, independent from the number of athletes enrolled. Late enrolments maybe accepted with a fine of Euro 100.00. Also relays must be declared with time on the enrolments forms (even without competitor's names).

Phone: Flippers Team Locarno, Dimitri Kalas +41 (0)78 746 65 82





#### 5 – PRELIMINARY PROCEDURES

All sport documents and equipments of the swimmers will be checked on Saturday December 11<sup>th</sup> 2010 from 11:00 to 12:00 at the swimming-pool of the "Centro Sportivo Nazionale della Gioventù" in Via Brere, Tenero.

#### 6 – FORFAIT OF COMPETITORS

The team leader will inform the judges of absenteeism before 11h30 of Saturday December 11<sup>th</sup> 2010. For every swimmer absent in a heat without communication, the club will be liable for a fine of € 50.00.

#### 7 – RACE JUDGES AND TIME REGISTRATION

The race will be directed by FSSS judges. Timekeepers with Semi-electronic System.

#### 8 – OVERALL RANKINGS

##### **FSSS/SUSV Scoring table:**

4 athletes and more: 1<sup>st</sup> 5 pts, 2<sup>nd</sup> 3 pts, 3<sup>rd</sup> 2 pts, 4<sup>th</sup> 1 pt  
3 athletes: 1<sup>st</sup> 3 pts, 2<sup>nd</sup> 2 pts, 3<sup>rd</sup> 1 pt  
2 athletes: 1<sup>st</sup> 2 pts, 2<sup>nd</sup> 1 pts  
1 athlete: 1<sup>st</sup> 1 pt  
Relays: 2 X pts

#### 9 – PRIZES

Medals will be given to the first, second and third competitor in the overall ranking and in each relay. Special prizes will be given to the first, second and third club in the General Classification. **At the prize-giving each swimmer must wear his team uniform.**

#### 10 – ANTIDOPING

**WADA** - World Antidoping Code

**CMAS** - Antidoping Rules

**FSSS** - Antidoping Rules

Athletes accept these rules as a condition of participation.

#### 11 – RESPONSIBILITY

Flippers Team Locarno, FSSS/SUSV, C.M.A.S, the Competition Director, the Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and things before, during or after the competition. The organizer shall ensure the presence of medical assistance.

#### 12 – SPECIAL NOTES

The present program could be modified for organization cause. Swimmers must be available for the Start Judge with their complete equipment at least 10 minutes before the race start. The organizer reserves right to accept and insert an athlete or a relay at any time at their discretion, in or outside the official classification, on request of the participating club. Any other rule concerning the competition could be found on the **C.M.A.S. Finswimming Rules.**

