



**1st ROUND OF 3rd CMAS WORLD CUP IN LONG DISTANCE
FINSWIMMING
POLAND, JASTARNIA 20-22.06.2008**

1. Date and place of competition:

World Cup will take place in Hel Peninsula from 20 to 22.06.2008

2. Place' characteristics:

Puck' Bay (sea water) with 0.75 – 4 meters deep. Expecting temperature from 17⁰C to 20⁰C. There are no currents with 3 meters clarity of water.

3. Accomodation:

JURATA - WZW „ KORMORAN ”

4. Competition office:

JURATA – WZW „ DELFIN ”, ul. Wojska Polskiego

5. Organisation:

The competition is according to the CMAS Finswimming International Rules, by the CMAS Long Distance Fin swimming World Cup-Pool Rules (Version 2008/01) for race, and by this Particular Rules that every athlete, with his/her enrolment, affirms to know and to agree to them.

Each club must be associated by a National Federation recognized by C.M.A.S. and each competitor must have the National Federation Licence **and CMAS International Sport Licence**.

The club need to send agreement from his national federation.

In the CMAS Finswimming World Cup Meeting only clubs are able to participate. Each competitor can participate for only one (1) club during the year.

6. Participation:

Each club can enrol free number of competitors for each of individual categories (men, women, boy and girls).

Each team can take part to only one male and one female relay per category.

Club: The general classification will be made by the total amount of the best three (3) individual points (men and women, junior and senior). Four separate Club Classification will be made also for men, women, boys, girls.

For every race of the CMAS Finswimming World Cup Meetings, the classification will be according the following CMAS World Cup Long Distance Individual Point Table:

ul. M. Curie – Skłodowskiej 19 81 – 231 Gdynia Skr. Pocz. 76 NIP: 586 – 20 – 19 - 359 REGON: 010717871	Biuro/Office: kom/mobile: E – mail:	+ 48 607 613 436 + 48 607 613 436 biuro@pzp-n.pl	19 M. Curie – Skłodowskiej Str. 81 – 231 Gdynia P.O. BOX 76 Poland
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Place	Points	Place	Points	Place	Points	Place	Points	Place	Points
1	100	11	60	21	36	31	20	41	10
2	93	12	57	22	34	32	19	42	9
3	87	13	54	23	32	33	18	43	8
4	82	14	51	24	30	34	17	44	7
5	78	15	48	25	28	35	16	45	6
6	75	16	46	26	26	36	15	46	5
7	72	17	44	27	24	37	14	47	4
8	69	18	42	28	23	38	13	48	3
9	66	19	40	29	22	39	12	49	2
10	63	20	38	30	21	40	11	50	1
All other swimmers who finish the race will receive 1 point									

7. Classification:

The swimming distance competition is 4 km. There will be four different individual classification for men, women, boys, girls.

8. Entry date:

Please send application forms till 14.06.2008 on following e-mail address:
biuro@pzph-n.pl, or fax number: + (48 58) 739 10 48.

9. Participation fee:

Participation fee for each competition: 10 euro

Participation fee for each club: 25 euro

Accommodation in 4 persons summer houses: 25 euro per person per day

Full board: 23 euro per person per day (breakfast 6 euro, dinner 10 euro, supper 7 euro)

Gala dinner: 10 euro/person

Transportation: Gdańsk (Lech Walesa) Airport – Jurata –Gdańsk Airport:

- up to 4 people 80 euro/person,

- more than 4 people 60 euro/person.

Please remember to give transportation details including exact date and hour of arriving. In case of ordering transportation please also include the place of arriving with exact flight number and number of people.

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PROGRAMME

20.06.2008r. (Friday)

till 18:00 arriving of teams, checking of documents, payment of participant fee
19:00 technical meeting and check of equipments (fin, snorkel) training possibility – WZW „Delfin”.

21.06.2008r. (Saturday)

07:30 – 08:30 Breakfast.
09:00 – Opening Ceremony.
09:45 – 4 km Juniors (girls / boys).
11:15 – 4 km Seniors (women/ men).
13:30 – 14:30 Diner.
16:00 – Medal Ceremony following by Closing Ceremony
17:30 – 18:30 Supper.
19:00 – 23:00 Integrating meeting.

22.06.2008r. (Sunday)

08:00 – 09:00 Breakfast.
10:00 – Departures.

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CMAS World Cup LD 2008 Round 1 Poland

PRELIMINATY / FINAL ENTRY FORM

Club	
Country	

Number of participants

Men	Women	Boys	Girls	Officials

Name	Date of birth	Category	Function

Person to be contacted

Name	
e-mail	
phone	

.....
signature



Meals:

(Please write number of meals into the table)

20.05.2008 Friday			21.05.2008 Saturday			22.05.2008 Sunday		
Breakfast	Lunch	Dinner	Breakfast	Lunch	Dinner	Breakfast	Lunch	Dinner

Travel details:

Arrival

Arrival Date	Filght / Train	Time of arrival	Airlines	# of persons

Departure

Departure Date	Filght / Train	Time of departure	Airlines	# of persons

Need transport ? (yes/no)	
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Payment

Bank Account:

Bank name : **Bank Zachodni WBK - I/O Gdynia**
 Bank Address : **10 Lutego 11 Str, 81-366 Gdynia, Poland**
 Swift Code : **WBKPPLPP**
 A/C : **PL 47 1090 1102 0000 0001 0316 8360**
 Named : **FWC for Long Distance**

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signature

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