



2nd CMAS European Master's Finswimming Championships

LIGNANO SABBIA DORO – ITALY

Friday 15th to Sunday 17th October 2021



SPECIFIC RULES

1 – DENOMINATION:

The "Underwater Activities International Events" Organizing Committee, with the agreement of CMAS and FIPSAS, has the pleasure to invite you to the CMAS 2nd European Master's Finswimming Championships, which is held in Lignano Sabbiadoro (UD) on the 15, 16 and 17 of October 2021.

This competition is held under CMAS Finswimming Rules, the present specific rules, and the "Detailed protocol for holding international Finswimming competitions taking place in Italy" (attached).

2 – COMPETITION PLACE:

The competition is held in:

Olympic swimming pool of Bella Italia Sports Village – Viale Centrale, 29 – Lignano Sabbiadoro (UD) – number 8 lanes, 50 meters long and a constant depth 2,10 m.

Swimming Pool Program			
		Friday 15 October 2021 Afternoon	- ore 17,00/20,00 Arrival, control documents, equipment and training
Saturday 16 October 2021 morning	- ore 8,30/9,00 WOMEN warm-up - ore 9,00/9,30 MEN warm-up - 9,40 Opening Ceremony - 9,50 Competition 50 SF (W&M) 100 BF (W&M) 400 SF (W&M)	Saturday 16 October 2021 afternoon	- ore 14,30/15,00 WOMEN warm-up - ore 15,00/15,30 MEN warm-up - 15,40 Competition 800 SF (W&M) 50 BF (W&M) Relay 4x100 SF (W&M)
Sunday 17 October 2021 morning	- ore 8,30/9,00 WOMEN warm-up - ore 9,00/9,30 MEN warm-up - 9,40 Competition 50 AP (W&M) 400 BF (W&M) 200 SF (W&M) Relay 4x50 BM (Mixed)	Tuesday 17 October 2021 afternoon	- 14,40/15,20 Warm Up - 15,30 Competition 100 SF (W&M) 200 BF (W&M) Relay 4x100 Multi

NOTE: THE ORGANIZATION RESERVES THE RIGHT TO MODIFY THE PROGRAM IN PARTICULAR SITUATIONS DUE TO THE PANDEMIC.

3 – ENROLMENTS:



Please note the following instructions regarding the registration in the CMAS sport database managed by SportData. The link is <https://www.sportdata.org/cmas/>

1. Registration

All registration of athletes for events must be submitted **only through an electronic way**. Application forms can be used only for accommodation, general organisation and other items proposed.



For registration, the website is

<https://www.sportdata.org/cmas>

The opening date of registration is July 15th. Closing date (§ Point 11 Deadlines)

2. Registration short Tutorial:

For registration, you need an account.

- Users who already have registered an account in the system, please re-use your account. In this case, you can also re-use all competitors, coaches, referees and officials data.
- If you don't have an account yet, please register online:

https://www.sportdata.org/cmas/set-online/registrate_registrator_main.php?active_menu=registration

For event registration of your competitors, coaches, referees and officials, please follow these steps:

- Log in with your account.

- Check your team data. Please check if the data is correct and up to date.
- Enter or change the data of your competitors, coaches, referees and officials.
- If the calendar goes to the event you want to register for, click on the "Registration" button of the event you want to register.
- On the bottom of the entries site, you see the functions to make new entries.
- Register your competitors/teams in categories, as well as your coaches, referees and officials.
- All your registrations go first on a waiting list to be validated. After the payment process is finished, your registrations are approved, and you are notified by email.
- You can find an overview of all your registrations at "My current entries". There you can also find the amount you have to pay and the provided payment method.
- Please also check out the "Other Items" section of the event. The organiser may also provide here additional purchase items, like transport, accommodation, etc.
- If you need help, please contact the Sportdata Support Team: support@sportdata.org

3. Fees of registration

It's not necessary to buy a CMAS licence to participate in the European Master's Championships 2021.

The system takes into account only temporary licences.

a. CMAS Fees

To participate, each competitor must pay CMAS fees fixed annually by CMAS.

- 40,00 Euro for participant fees by (include annually temporary licence).



Please note that the names of relays members must be entered during the registration process based on individual registration even if they swim only in a relay and even if, according to the rules, the composition of relays can be changed on-site before the beginning of the competition.

These fees are paid only at the end of the registration process online by credit card or bank transfer, including SEPA.

b. Organisation Fees

ORGANISATION ENGAGEMENT FEES

Euro 20,00 for club or individual, Euro 10,00/swimming pool race and Euro 20,00 each relay. The fee paid for not-performed races won't be reimbursed. Also, relays must be declared with time on the registration CMAS database.

Payment of engagement fees should be made by bank transfer

(For tax of engagements CMAS European master's championships team.....)

UNDERWATER ACTIVITIES INTERNATIONAL EVENTS

Viale Tiziano 70 – 00196 Roma

IBAN CODE: IT35 C020 0805 3140 0010 4162 924

SWIFT CODE: UNCRITM1B41 – UNICREDIT BANCA

PAYMENT IN CASH MAY BE ACCEPTED WITH A FINE OF 50,00 EURO BY THE SWIMMER.

For all information send to cednp@tiscali.it – cednuotopinnato@fipsas.it

4 - REGISTERED TIME:

Timekeepers with Electronic System from Federazione Italiana Cronometristi (F.I.Cr.).

5 – INDIVIDUAL PRIZES:

- Gold, silver and bronze medals for each distance, for each master's age group, men and women;
- Gold, silver and bronze medals for each relay, for each master's age group, men and women.

6 – DOPING CONTROL:

Doping control follows the international rules of WADA, CMAS anti-doping code.

7 – RESPONSIBILITY:

"International Activities International Events" Organizing Committee, CMAS, FIPSAS, the Competition Director, the Competition Officers and the Chief Judge are not responsible for accidents or damages caused to people and things before, during or after the competition.

8 – SPECIAL NOTES:

- This program could be modified for organisation cause. Swimmers must be available for the Start Judge with their complete equipment at least 10 minutes before the race start.
- **The swim cap is mandatory.**
- Any other rule concerning the competition can be found on the CMAS. Finswimming Rules.

9 – VISA:

IF YOU NEED A VISA FOR ENTRY IN ITALY, PLEASE MAKE CONTACT WITH ITALIAN FEDERATION (FIPSAS.) MINIMUM 40 DAYS BEFORE THE EVENT.

10 – HOTEL INFORMATION

- All information in the accommodation form here in the attachment.

11 – DEADLINES

Preliminary Entry

Accommodation Forms

No later than September 27th by email address: eventi@bellaitaliavillage.com

Contact Tel. + 39 0431/409511

Registration Entries

For registration of events, go to the website <https://www.sportdata.org/cmas>

Opening date of registration:

Thursday, July 15th 2021

Closing date for individual and relays clubs:

Friday, October 1st 2021

Penalties are applied after the closing date for late registration or modification of individual events or relays of clubs.

Saturday, October 2nd, a statement of all registrations is sent to all National Federations for the opportunity to register federal relays.

Closing date for federal relays:

Friday, October 8th

Notice:

- Constitution of relays

The relay teams can be club (i.e. composed of athletes belonging to the same club) or federal teams (i.e. composed of athletes belonging to the same national federation).

SF and BF relays:

- A team of relay can be mixed, male and female. In this case, it is classified in the men's category
- Women's teams are composed only of females.

Mixed relays: The team is necessarily composed of two women athletes and two men athletes. The starting order is free and is decided by the team leader.

Multi relays: The team comprises two women, one in Bi-Fins (certified Bi-Fins) and one in Monofin or not certified Bi-Fins and two men in the same configuration. The starting order is man BF - woman BF – woman SF – men SF.

THE CITY OF LIGNANO SABBIA D'ADRIANO

Lignano Sabbiadoro stands on a long sandy peninsula covered with pine trees, the southwestern end of the beautiful Marano lagoon nature reserve. Its slight slope, the sandy beach in front of the Coast of Istria, a safe bathing for families and the active nightlife make it a popular resort for Italian and foreign tourists. The extreme point of the peninsular area is divided into three districts: Lignano Sabbiadoro is one of them and is accompanied by Lignano Pineta, 1 km further south, and Lignano Riviera, more recent but still all centred in its natural features, also given the closeness of the Tagliamento River. In total, there are just under 7,000 residents. The resort's name has initially been Lignano; in 1935 'Sabbiadoro' was added exclusively for promotional purposes. The



development of the tourist resort began in the early twentieth century after the reclamation began constructing some bathing establishments, however accessible only by boat from the lagoon. Before that, nothing existed in these places except a small area of refuge for some fishermen. The ancient plans of the Serenissima, duly compiled by the so-called Water Savi, made no mention of either the name or the characteristic of the area considered in the complex of the important lagoon territory. However, the fabulous beach could not go unnoticed for much longer, and the first hotel was built in 1903. However, its urban growth was delayed, not only because of the malarial area in the vicinity but also because of the lack of basic infrastructure: it had to

wait more than two decades before constructing the main and vital road artery. Today's city has reached the maturity of urban planning and infrastructure in the best way and presents itself with various attractions. Moving between its neighbourhoods is possible through urban transport managed by the SAF, but Lignano is also to be explored on foot or perhaps by bike. The villas and residential condominiums characterise riviera, the western part of the peninsula, all gracefully decorated with beautiful pine trees. In the city centre, Pineta has a modest shopping mall, famous beaches, and a plethora of venues suitable for evening and night fun; Sabbiadoro, at the extreme tip of the peninsula, contains a lively shopping mall and even more night and cultural life than the previous ones. The hotel presence, in general, is remarkable. For those who want to enjoy the maximum stay at the seaside, we recommend the baths of Lignano, located in the Riviera area and immersed in the centuries-old pine forest (directions: waterfront R. Riva 1) or even the numerous spas and fitness centers of the city.

In addition to the exclusively seaside attractions, Lignano also offers some historical and naturalistic itineraries. The original farmer's core, placed close to the lagoon, has two typical rural houses of sure interest, probably dated from the 17th century. For centuries, the religious cult has concentrated in the small church of St. Zacharias and the fifteenth-century church of Santa Maria, in the resort of Bevazzana, and in the interior of which is noticed a series of frescoes of the 15th century. The Hemingway Park is a park of botanical interest covering 4 hectares of land and is named after the famous American writer who visited the resort during his stay in Italy. The writer is also dedicated to the prestigious "Ernest Hemingway Lignano Sabbiadoro Prize" in journalism, fiction and non-fiction.

The Punta Verde Zoo Park is a natural oasis with ponds, animals (1200 specimens belonging to 200 different species) in semi-open areas and eco-environmental paths. The nature in Lignano is also enriched by the UNICEF Park, born in the late 1980s, dedicated to children in as many as 4 hectares of entertainment between skating rinks, mini-golf, swimming pools, bike paths and much more. The natural attraction, however, remains the Oase of the Wwf Laguna in Marano. Birdwatchers will be able to observe birds of prey such as the marsh hawk, the osprey, the buzzer, the small and real hen harrier, the kestrel, the brown kite. Don't miss it.

CITY MAP OF LIGNANO SABBIADORO

How you can get to Lignano Sabbiadoro

You can get to Lignano Sabbiadoro by various ways of transportation:

By car - on the highway (motorway)

By car, you can reach Lignano driving on the A4 Venice - Trieste motorway or on A23 motorway linking Tarvisio and Venice; the motorway exit for Lignano is made at Latisana local road no 354, which ends at Lignano.

By Bus - Bus Stations

Many bus lines regularly depart from the northern part of Italy towards Lignano. Special buses are linking essential cities in Germany, Switzerland and Austria to Lignano. More information about bus schedules and timelines: Biglietteria Autostazione Viale Gorizia, 26 Tel. 0039 0431 71373.



Bus Station Lignano SAF: www.saf.ud.it

By Train - Train Stations Latisana Train station is just 20 km away from Lignano. From Latisana train station you can access by train Venice (Mestre) and its neighbouring airports and Trieste, Udine and other main cities in Italy. Regular bus lines link Lignano and Latisana.



Italian Railways Website: www.trenitalia.com

By Plane - Airports

The nearest airports to Lignano are *Friuli Venezia Giulia Airport* from Ronchi dei Legionari, just 58 km away from Lignano Sabbiadoro, *Marco Polo Airport* in Venice 100 km away and *San Giuseppe Airport* of Treviso, 110 km away from Lignano.

City: Venice
Airport: Marco Polo
Telephone: 00390412606111
Website: www.veniceairport.it
City: Treviso
Airport: St Joseph
telephone: 0039042220393
Website: www.trevisoairport.it
City: Trieste
Airport: Ronchi dei Legionari
Telephone: 0039040631484
Website: www.aeroporto.fvg.it



OFFICIAL COMPETITION POOL AND TRAINING



SPORTING VILLAGE BELLA ITALIA

This competition holds in Lignano Sabbiadoro (UD), at the Bella Italia Sports Village, located in an advantageous position within the urban fabric of Lignano Sabbiadoro, in Central Avenue, 29. It consists of a modern

tourist-social center nestled in 60 hectares of verdant pine forest. The tranquillity, fragrant aroma of pines and sea saloons, the clear sea, and the beachfront reserved exclusively for guests of the village (1120 meters long and 60 meters deep) create the ideal environment for toning individual holidays or groups in the name of sport, relaxation and fun. Twelve kilometres of roads and trails run throughout the area, creating amene solutions for racing, running, promenade and plain air; all routes can be excluded from car traffic. The whole village is dotted with outdoor sports camps; it also offers some high-quality solutions for all sports disciplines indiscriminately within the multifunctional palace, accommodating up to three thousand people and, for water sports, in the two indoor and conditioned pools, of which one Olympic.



SEE YOU IN LIGNANO!