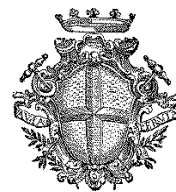


Patrocino della
Provincia
di Modena



Patrocino del
Comune di Modena
Settore Sport



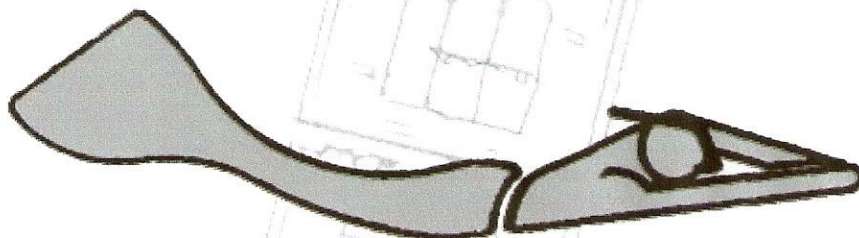
TROFEO INTERNAZIONALE GHIRLANDINA

Campionato Regionale Emilia Romagna 2009

International Finswimming Competition

Saturday 30th and
Sunday 31th of May 2009

Modena - Dogali
swimming-pool



MODENA – 30th and 31th of May 2009

TROFEO INTERNAZIONALE GHIRLANDINA

International Finswimming Competition

The Club A.S.D. Nuoto Sub Modena Bruno Loschi, with the agreement of F.I.P.S.A.S., will organize the International Finswimming Competition will be held in Modena the 30th and 31th of May 2009, valid also for the “TROFEO INTERNAZIONALE GHIRLANDINA”.

PARTICULAR REGULAMENT

➤ 1- PARTECIPATION RULES AND RACES

The competition, in accordance with the C.M.A.S. Finswimming Rules and this Particular Regulament, includes the following races and categories:

CATEGORY Senior (year 1989 and bigger) and Junior (years 1990-91) – F/M:

mt.50np - mt.50pinne - mt.50ap - mt.100np - mt.100pinne - mt.100vs - mt.200np - mt.200pinne - mt.400np ASSOLUTI - mt.400vs ASSOLUTI - mt.800np ASSOLUTI - mt.800vs ASSOLUTI - mt.1500np ASSOLUTI - staffetta 4x100np ASSOLUTI

CATEGORY 3rd (years 1992-93) – F/M:

mt.50np - mt.50pinne - mt.50ap - mt.100np - mt.100pinne - mt.100vs - mt.200np - mt.200pinne - staffetta 4x100np

CATEGORY 2nd (years 1994-95) – F/M:

mt.50np - mt.50pinne - mt.50ap - mt.100np - mt.100pinne - mt.100vs - mt.200np - mt.200pinne - staffetta 4x100np

CATEGORY 1st (years 1996-97) – F/M:

mt.50np - mt.50pinne - mt.100np - mt.100pinne - mt.200np - mt.200pinne - staffetta 4x100np

CATEGORY Esordienti A (years 1998-99) – F/M: mt.50pinne - mt.100pinne - staffetta 4x50pinne CAT. A+B

CATEGORY Esordienti B (years 2000-01) – F/M: mt.50pinne - mt.100pinne - staffetta 4x50pinne CAT. A+B

Swimming style: ap=*apnea*; np=*surface*; vs=*immersion*; pinne=*bifins*
ASSOLUTI= *Category 1st, 2nd, 3rd, Junior, and Senior.*

Each club must be associated by a National Federation recognized by C.M.A.S. and each competitor must have the **National Federation Licence and CMAS International Licence.**

There are not limitation at number of competitors and individual races. Each competitor can take only one (1) relay.

➤ 2-ENROLMENTS

The enrolments must be completed on the attached entry form and must be received **before 21th May 2009** to: A.S.D. Nuoto Sub Modena Bruno Loschi – Via IV Novembre, 40/D - 41100 Modena, or by fax +39(0)59219812, or E-MAIL: pinnato@brunoloschi.it.

The inscription fee: €uro 10,00 for club, €uro 4,00 each distance and €uro 12,00 each relay.

Payment must be made by direct bank transfer:

BANK: UniCredit Banca – Agenzia Modena Corassori

ACCOUNT: A.S.D. Nuoto Sub Modena Bruno Loschi – Trofeo Internazionale Ghirlandina

EU IBAN: IT13A0200812907000002906824 BIC: UNCRTBINO7

N.B. Enrolment will only be accepted when accompanied by bank transfer receipt by fax +39(0)59219812.

IMPORTANT: During the event will be provided for television and a photographer will be available to document the various moments. Also Sunday at the end of the event and provided lunch to wich everyone. Can participate at the head quarters of the company (see map). Reservations required by writing the number of filled in application form attached registration. Tel.number: +39337295401 of GIANCARLO PAGLIARINI.

➤ 3-COMPETITION PLACE and PRELIMINARY PROCEDURES

The Competition will be held in: Piscina Comunale “Dogali”, Via Dogali 17 Modena, tel.+39(0)59217525, (near football Braglia’s stadium). Number 8 lines, 50 meters long Olympic open swimming pool features 1,40-3.80 depth meters.

All sport documents of the swimmers will be checked on Saturday 30th of May 2009 at h.8.00 AM at the swimming-pool. The starts races to 8.45 AM with warm-up from 8.00 to 8.30 any Saturday and also Sunday morning (mt.50 all categories, mt.25 only Categories Esordienti A-B). Saturday afternoon to 14.45 PM with warm-up from 14.00 to 14.30. Closing Ceremony in Sunday to 12.30.

It will be available inside the plant mt.25 swimming-pool for the heating. Saturday from 8.00 to 11.00 and from 14.00 to 17.00. Sunday from 8.00 to 12.00. mt.50 swimming-pool will be available for the team, already Friday in the afternoon from 16.45 to 18.00 for heating.

➤ 4-FORFAIT of COMPETITORS

The team leader will inform the judges of absenteeism before to 8.30 AM on Saturday 30th of May 2009. For every swimmer absent in a heat without communication, the club will be liable for a fine of €uro 50,00.

➤ 5-REGISTERED TIME

Timekeepers with Electronic System from Federazione Italiana Cronometristi (F.I.Cr.) of Modena.

➤ **6-EQUIPMENT AND BOTTLE REFILLS**

All bottles used must have passed a hydrostatic test less than 2 years before the competition, or even less if it is required by the local registration; if there are not the preceding conditions the bottles will be declared illegal and not usable. All the bottles, including those used for warm-up, will be delivered empty to the check point entry to 8.30 AM for the races of Saturday morning and to 14.30 PM for the races on Saturday afternoon and to 8.30 AM for the races on Sunday morning. Swim caps are mandatory.

➤ **7-TROFEO INTERNAZIONALE GHIRLANDINA**

The “Trofeo Internazionale Ghirlandina” will be awarded to the fist club in General Classification. Categories separate Club Classification male and female.

➤ **8-PRIZES**

Medals will be given to the first, second and third competitor in each individual race and relay. Prize for top competitor category men, women, boys, and girls. Cups will be given to each club. The awards will be made during the learning event. **At the prize-giving each swimmer MUST WEAR his TEAM UNIFORM.**

➤ **9-RESPONSIBILITY**

A.S.D. Nuoto Sub Modena Bruno Loschi, the Competition Director, the Competition Officers and Chief Judge are not responsible for accidents or damage caused to people and thing, before, during or after the competition. The organizer shall ensure the presence of medical assistance and ambulance.

➤ **10-SPECIAL NOTES**

The present programme could be modified for organization cause.
Swimmers must be available for the Start Judge with their complete equipment at least 10 minutes before the race start.
The organizing club reserves the right to accept and insert an athletes or a relay at any time at their own discretion, in or outside the official classification, on request of the participating club.
Any other rule concerning the competition could be found on the C.M.A.S. Finswimming Rules.

VERY IMPORTANT

➡ In the day of Saturday the stopping of cars and coaches is not permitted in the parking let in front of the swimming-pool (football match), but only in a restricted area to 300 meters from the pool (see map). For access will require as special pass distributed by the organizer already the afternoon of Friday. ↩

The organization club

A.S.D. Nuoto Sub Modena Bruno Loschi

Via IV Novembre 40/D – tel/fax.+39(0)59219812

e-mail: pinnato@brunoloschi.it

PROGRAM RACES

Saturday morning – 30th May 2009

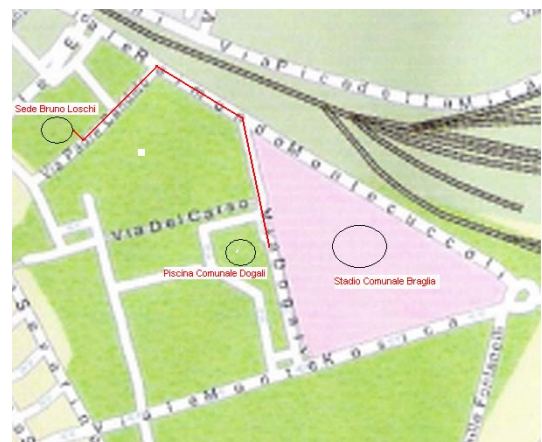
8.00/8.30 - Warm-up -
8.45 - Start races -
mt.1500 np ASSOLUTI F/M
mt.50 pinne F/M
mt.50 apnea F/M
mt.800 velosub ASSOLUTI F/M
mt.100 pinne F/M
mt.200 np F/M
12.00 - Lunch -

Sunday morning – 31th May 2009

8.00/8.30 - Warm-up: mt.50 all categories -
8.00/8.30 - Warm-up: mt.25 only categories Esordienti A-B
8.45 - Start races -
mt.50 np F/M
mt.50 pinne Esordienti B/A F/M
mt.400 np ASSOLUTI F/M
mt.100 pinne Esordienti B/A F/M
mt.100 velosub F/M
staff 4x50 pinne UNIFICATA B/A
staff 4x100 np cat. 1^a, 2^a, 3^a, ASSOLUTI F/M
12.30 - Closing Ceremony -

Saturday afternoon – 30th May 2009

14.00/14.30 - Warm-up -
14.45 - Start races -
mt.100 np F/M
mt.200 pinne F/M
mt.800 np ASSOLUTI F/M
mt.400 velosub ASSOLUTI F/M
17.30 - Ending fist day -



➡ **13.00 – LUNCH Nuoto Sub Modena Bruno Loschi, Via IV Novembre 40/D, BOOKING REQUIRED** – ↩

Special promotion 30th and 31th May 2009

Bed and breakfast

Special promotion:

HOTEL EDEN (at 3km by swimming-pool) – Via Emilia Ovest, n°666 (at 3Km outdoor autostrada Modena Nord, direction center of city): bed and breakfast €uro 35,00 each person.

- Info: www.hoteledenmodena.it - e-mail: info@hoteledenmodena.it - fax.+39(0)59820108, tel.+39(0)59335660 Signor Andrea.

Lunch and dinner

Special promotion:

Ristorante pizzeria “**ECCOCIQUA**” for lunch and/or dinner of Friday and Saturday,
Via Marianini n°79, at 400 meters at work by swimming-pool.

Info: tel.+39(0)59821688 Sir. Emanuele; has 100 people seat.

MENU' SPORTIVO at €10,00 for person (without drink):

Lunch

_pasta al pomodoro
_formaggio e salume
_contorno
_acqua

Dinner

_pasta al pomodoro
_carne
_contorno
_acqua