



# FINSWIMMING "Round 4" CMAS WORLD CUP

★ XXIII INTERNATIONAL GIANNI GAMBÌ PRIZE ★

4th - 5th APRIL 2009 ITALY - Ravenna

## OFFICIAL INVITATION

On behalf of the Italian Federation (F.I.P.S.A.S.) and the Organizing Committee of the CMAS WORLD CUP 2009, I am pleased to invite your club team to the CMAS FINSWIMMING WORLD CUP – Pool 2009 – round 4, valid also for the XXIII International Gianni Gambi Prize.

It will be held on 4th – 5th April 2009 at the Gianni Gambi swimming-pool of Ravenna in Italy.

Enclosed herewith you will find the Race Rules and the necessary Entry Forms. You are kindly requested to return by the completed entry form deadlines and forward your nomination by 21<sup>st</sup> March 2009.

We look forward to welcoming your team in Italy.

dott. Carlo Fiorentini  
president

## PARTICULAR REGULATION

### 1 – DENOMINATION:

The club a.s.d. **BLU ATLANTIS AVIS Ravenna** with the agreement of F.I.P.S.A.S. and C.M.A.S. will organize the "CMAS WORLD CUP 2009" Round 4, an International Finswimming Competition will be held in Ravenna the 4<sup>th</sup> and 5<sup>th</sup> of April 2009, valid also for the "XXIII INTERNATIONAL GIANNI GAMBÌ PRIZE".

### 2 – PARTICIPATION RULES AND RACES:

The competition, in accordance with the Finswimming International Regulation, World Cup Rules and this Particular Regulations, includes the following races and categories:

- **Senior (Cat. A)** (18 years old and over)

M/F: 50ap, 50sf, 100sf, 200sf, 400sf, 800sf, 50bf, 100bf, 200bf, 100im, 4x100 relay.

- **Junior (Cat. B + C + D)** (12/17 years old)

M/F: 50ap, 50sf, 100sf, 200sf, 400sf, 800sf, 50bf, 100bf, 200bf, 100im, 4x100 relay.

\* Swimming style: ap= apnea; sf= surface; im= immersion; bf= bifins

CMAS World Cup Rules: Each competitor can take part in a maximum of three (3) individual races and one (1) relay. Each team can enrol a maximum of two swimmers for each individual race. Each club must be associated by a National Federation recognized by C.M.A.S. and each competitor must have the **National Federation Licence and CMAS International Sport Licence**.

It is possible to take part in races of the next category, but the swimmer cannot compete on the same distance in two different categories. The clubs need to send the agreement from his national federation.



### 3 – COMPETITION PLACE:

The Competition will be held in: Centro Nuoto Comunale "Gianni Gambi", via Falconieri, 31 Ravenna.  
Number 8 lanes, 50 meters long Olympic swimming pool features a constant depth 2,10 m.  
Temperature is 27° C ±1° C.

### 4 – ENROLMENTS

The enrolments must be completed on the attached entry form and must be received **before Saturday 21<sup>st</sup> March 2009** at the following **E-MAIL** [bluatlantis@libero.it](mailto:bluatlantis@libero.it).

The inscription fee: Euro 25,00 for club, Euro 6,00 each distance and Euro 14,00 each relay. Fee paid for not-performed races will not be reimbursed. Late enrolments maybe accepted with a fine of Euro 100,00. Also relays must be declared with time on the enrolment forms (even without competitor's names).

Payment must be made by direct bank transfer:

**BANK:** CREDITO COOPERATIVO RAVENNATE E IMOLESE S.C.R.L.  
**ACCOUNT:** A.S.D. BLU ATLANTIS AVIS  
**EU IBAN:** IT46 Y085 4213 1030 3600 0145 751  
**BIC:** ICRAITMMF20

**N.B. Enrolments will only be accepted when accompanied by bank transfer receipt.**

Telephone:

F.I.P.S.A.S. Italian Federation +39+06.36858290 – A.S.D. Blu Atlantis Avis Ravenna +39+340.5830643

### 5 – PRELIMINARY PROCEDURES:

All sport documents of the swimmers will be checked on Friday 3/04/2009 at h. 7.00 PM at the swimming-pool of the Centro Nuoto Comunale "G. Gambi" in via Falconieri Ravenna.

### 6 – EQUIPMENT AND BOTTLE REFILLS:

The control of the bottles will be on Saturday April 4th from 9.00 to 10.00

All the bottles, including those used for warm up, will be delivered empty to the check point.

The organization will refill all bottles elsewhere and deliver them to the team leaders on Saturday after 1.45 PM.

Attention:

Bottles can only be refilled if they are delivered not later than 10.00 AM.

No refill will be made after that time. In the afternoon no bottles will be refilled.

Bottles are only allowed for the warm up on Saturday afternoon.

Specific rules

Please note the following:

- ✦ Bottles minimum capacity: 0.4 liters
- ✦ Bottles maximum pressure: 200 bar
- ✦ Bottles should only be loaded with compressed air. No enrichment of oxygen or other mixtures is allowed.
- ✦ All bottles used must have passed a hydrostatic test less than 2 years before the competition, or even less if it is required by the local legislation.
- ✦ Bottles which are not been tested are banned.
- ✦ In case of any doubt about the regularity of the bottles, the Chief Judge may require their certification.
- ✦ If there are not the preceding conditions the bottles will be declared illegal and not usable.
- ✦ The teams must have enough equipment so as not to create difficulties/delays in the competition.
- ✦ In each meeting, teams are required to deliver empty bottles
- ✦ The organization will refill all bottles elsewhere.
- ✦ Bottles pressure can not be recharged less than 150 bar.
- ✦ It is absolutely prohibited to refill the bottle during the meeting; it is also prohibited to refill bottles in the swimming pool or in the neighborhood.
- ✦ When a bottle with a flat bottom is used, adding a rounded bottom, which does not exceed the radius of the cylinder, is allowed
  
- ✦ Athletes with non-compliant equipment will not be admitted to the starting blocks.
- ✦ Any irregularity noticed after the race is finished, will disqualify the athlete.



#### 7 – FORFEIT of COMPETITORS:

The team leader will inform the judges of absenteeism before h. 8.30 AM of the 04/04/2009. For every swimmer absent in a heat without communication, the club will be liable for a fine of € 50,00.

#### 8 -REGISTERED TIME:

Timekeepers with Electronic System from Federazione Italiana Cronometristi (F.I.Cr.) of Ravenna.

#### 9 – PRIZES:

Medals will be given to the first, second and third competitor in each individual race and relay. Cups will be given to each club. **At the prize-giving each swimmer MUST WEAR his TEAM UNIFORM.**

#### 10 – “CMAS WORLD CUP Round 4” and “GIANNI GAMBI PRIZE”:

Prizes for the CMAS WORLD CUP to the first three clubs in the General Classification. The “**XXIII International Gianni Gambi Prize**” will be awarded to the first club in General Classification. Four separate Club Classification will be also made for men, women, boys, and girls.

#### 11 – ANTIDOPING:

**WADA** – World Antidoping Code  
**CMAS** – Antidoping Rules  
**FIPSAS** – Antidoping Rules

Athletes accept these rules as a condition of participation.

#### 12 – RESPONSIBILITY:

A.S.D. Blu Atlantis AVIS, C.M.A.S., F.I.P.S.A.S., the Competition Director, the Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and things, before, during or after the competition.

The organizer shall ensure the presence of medical assistance and ambulance

#### 13 – SPECIAL NOTES:

The present programme could be modified for organization cause.

Swimmers must be available for the Start Judge with their complete equipment at least 10 minutes before the race start. Swim caps are mandatory.

The organizing club reserves the right to accept and insert an athlete or a relay at any time at their own discretion, in or outside the official classification, on request of the participating club.

Any other rule concerning the competition could be found on the C.M.A.S. Finswimming Rules.

#### 14 – VISA:

In order to requests of issue VISA please send to Italian Federation the lists, as soon as possible on headed paper, stamped and with the President signature, of the nominatives with respective registry reference, passport reference and title such as athlete, official, doctor etc.

**Incomplete documentations will be not accepted.** The CONI Italian Olympic Committee proceed only on Italian National Federations (FIPSAS) requests.



**CMAS WORLD CUP PROGRAM**

<i>Sabato 4 Aprile 2009</i>		<i>Domenica 5 Aprile 2009</i>	
<i>Saturday 4<sup>th</sup> April 2009</i>		<i>Sunday 5<sup>th</sup> April 2009</i>	
8.15	Technical Meeting / Meeting Tecnico		
8.15 – 9.00	Warm up / Riscaldamento	8.00 – 8.45	Warm up / Riscaldamento
9.10	Opening Ceremony / Cerimonia d'Apertura	9.00	<ul style="list-style-type: none"> <li>▪ m. 100 bifins Girls / Boys (Junior F/M)</li> <li>▪ m. 100 bifins Women / Men (Senior F/M)</li> </ul> <i>Award ceremony / Premiazioni</i>
9.20	<ul style="list-style-type: none"> <li>▪ m. 50 apnea Girls / Boys (Junior F/M)</li> <li>▪ m. 50 apnea Women / Men (Senior F/M)</li> </ul> <i>Award ceremony / Premiazioni</i> <ul style="list-style-type: none"> <li>▪ m. 800 surface Girls / Boys (Junior F/M)</li> <li>▪ m. 800 surface Women / Men (Senior F/M)</li> </ul> <i>Award ceremony / Premiazioni</i>		<ul style="list-style-type: none"> <li>▪ m. 100 surface Girls / Boys (Junior F/M)</li> <li>▪ m. 100 surface Women / Men (Senior F/M)</li> </ul> <i>Award ceremony / Premiazioni</i> <ul style="list-style-type: none"> <li>▪ m. 400 surface Girls / Boys (Junior F/M)</li> <li>▪ m. 400 surface Women / Men (Senior F/M)</li> </ul> <i>Award ceremony / Premiazioni</i>
14.00 – 14.30	Warm up / Riscaldamento	14.00 – 14.30	Warm up / Riscaldamento
14.40	<ul style="list-style-type: none"> <li>▪ m. 50 bifins Girls / Boys (Junior F/M)</li> <li>▪ m. 50 bifins Women / Men (Senior F/M)</li> </ul> <i>Award ceremony / Premiazioni</i> <ul style="list-style-type: none"> <li>▪ m. 200 surface Girls / Boys (Junior F/M)</li> <li>▪ m. 200 surface Women / Men (Senior F/M)</li> </ul> <i>Award ceremony / Premiazioni</i> <ul style="list-style-type: none"> <li>▪ m. 100 immersion Girls / Boys (Junior F/M)</li> <li>▪ m. 100 immersion Women / Men (Senior F/M)</li> </ul> <i>Award ceremony / Premiazioni</i>	14.40	<ul style="list-style-type: none"> <li>▪ m. 50 surface Girls / Boys (Junior F/M)</li> <li>▪ m. 50 surface Women / Men (Senior F/M)</li> </ul> <i>Award ceremony / Premiazioni</i> <ul style="list-style-type: none"> <li>▪ m. 200 bifins Girls / Boys (Junior F/M)</li> <li>▪ m. 200 bifins Women / Men (Senior F/M)</li> </ul> <i>Award ceremony / Premiazioni</i> <ul style="list-style-type: none"> <li>▪ relay 4x100 Girls / Boys (Junior F/M)</li> <li>▪ relay 4x100 Women / Men (Senior F/M)</li> </ul> <i>Award ceremony / Premiazioni</i>
		19.00	Closing Ceremony / Cerimonia di Chiusura



**F.I.P.S.A.S.**  
 Federazione Italiana  
 Pesca Sportiva ed Attività Subacquee  
 Viale Tiziano, 70 – 00196 Roma – Italy  
[www.fipsas.it](http://www.fipsas.it) / e-mail. [nuotopinnato@fipsas.it](mailto:nuotopinnato@fipsas.it)



The organization club:  
**A.s.d. BLU ATLANTIS AVIS**  
 Via Falconieri, 33 – 48100 Ravenna - Italy  
[www.bluatlantis.it](http://www.bluatlantis.it) / e-mail [bluatlantis@libero.it](mailto:bluatlantis@libero.it)

**FOR HOTEL RESERVATION, LUNCH AND DINNER, PLEASE CONTACT:**

**Mr Franco Gardini**  
 cell: 348.3665906  
 e-mail: [fgardini@bacardi.com](mailto:fgardini@bacardi.com)



FINSWIMMING "Round 4"  
**CMAS WORLD CUP**

★ XXIII INTERNATIONAL GIANNI GAMBI PRIZE ★

**SPECIAL PROMOTION**  
 4th and 5th April 2009



RISTORANTE PIZZERIA  
 VIA MAGAZZINI ANTERIORI, 31  
 48100 RAVENNA  
 TEL E FAX 0544 591059  
 info cell. 348 3665906  
 E-MAIL fgardini@bacardi.com



**Price per person:**

	Hotel 4*	Hotel 3*	apartment
Half board	€ 61,00	€ 35,00	€ 29,00
Full Board	€ 82,00	€ 45,00	€ 39,00

extra for single room  
 Possibility to sleep in apartments of 4/5 beds

**Free bus service to swimming-pool**

Morning: Buddy's - swimming-pool

Afternoon: swimming-pool - Buddy's



Buddy's Restaurant has 150 people seat and offers a big choice of food.

Menù:		
<i>Menù romagnolo a € 20,00</i>	<i>Menù di pesce a € 30,00</i>	<i>Menù Pizza a € 9,00</i>
Antipasto romagnolo Cappelletti al ragù Grigliata mista Verdure grigliate 1/2 acqua, 1/4 Sangiovese, caffè	Antipasto di mare Spaghetti allo scoglio Fritto misto o grigliata Sorbetto 1/2 acqua, 1/4 Trebbiano, caffè	Pizza a scelta Bibita o birra o acqua e vino caffé
<i>Menù sportivi a € 14,00</i>		
Verdure al carrello cotte e crude Risotto alla parmigiana Petto di pollo ai ferri Pane e acqua	Verdure al carrello cotte e crude Pasta con sugo al pomodoro a parte Prosciutto crudo e grana Pane e acqua	

