



2nd round Finswimming World Cup 2019



FINSWIMMING
LIGNANO SABBIAADORO (UD) - ITALY
BELLA ITALIA VILLAGE

Friday 22, Saturday 23 and Sunday 24 of march 2019



RULES (update at 14 january 2019)

1 –DENOMINATION:

The A.S.D. BLUE TEAM NUOTO PINNATO with the agreement of C.M.A.S. and F.I.P.S.A.S. has the pleasure to invite you at 2nd round Finswimming World Cup 2019, will be held in Lignano Sabbiadoro (UD) the 22, 23 and 24 of March 2019.

2 –COMPETITION PLACE:

The Competition will be held in: Bella Italia (ex-Ge.Tur.) Sport Village - Viale Centrale, 29 – Lignano Sabbiadoro (UD) - ITALY -
Number 8 lanes, 50 meters long Olympic swimming pool features a constant depth 2,10 m.



3 –PARTICIPATION RULES AND RACES:

The competition, in accordance with the Finswimming International Regulation, and this Particular Regulations, includes the following races and categories:

Senior (Cat. A) (18 years old and over)

M/F: 50ap, 50sf, 100sf, 200sf, 400sf, 800sf, 50bf, 100bf, 200bf, 100im, 4x100 sf relay.

Junior (Cat. B + C + D) (12/17 years old)

M/F: 50ap (NOT for D category), 50sf, 100sf, 200sf, 400sf, 800sf, 50bf, 100bf, 200bf, 100im, 4x100 sf relay.

- *Swimming style: ap= apnea; sf= surface; im= immersion; bf= bifins*

		Friday 22 march afternoon	- ore 17.00 / 20.00 Arrival, control documents, equipments and training
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<p>Saturday 23 march morning</p>	<ul style="list-style-type: none"> - ore 8,00/8,30 W&G warm up - ore 8,30/9,00 M&B warm up - ore 9.10 opening ceremony - ore 9.20 competition: <ul style="list-style-type: none"> - m. 50 apnea girls/boys - m. 50 apnea woman/men award ceremony 50 apnea girls /boys <ul style="list-style-type: none"> - m. 800 sf girls/boys award ceremony 50 apnea woman/men <ul style="list-style-type: none"> - m. 800 sf woman/men award ceremony 800 sf girls/boys award ceremony 800 sf woman/men <ul style="list-style-type: none"> - FREE TEST RACES 	<p>Saturday 23 march afternoon</p>	<ul style="list-style-type: none"> - ore 15,15/15,45 W&G warm up - ore 15,45/16,15 M&B warm up - ore 16,25 competition: <ul style="list-style-type: none"> - m. 50 bifins girls/boys - m. 50 bifins woman/men award ceremony 50 bifins girls/boys <ul style="list-style-type: none"> - m. 200 sf girls/boys award ceremony 50 bifins woman/men <ul style="list-style-type: none"> - m. 200 sf woman/men award ceremony 200 sf girls/boys <ul style="list-style-type: none"> - m. 100 immersion girls/boys award ceremony 200 sf woman/men <ul style="list-style-type: none"> - m. 100 immersion woman/men award ceremony 100 immersion girls/boys award ceremony 100 immersion woman/man <ul style="list-style-type: none"> - FREE TEST RACES
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<p>Sunday 24 march morning</p>	<p>- ore 8,00/8,30 W&G warm up - ore 8,30/9,00 M&B warm up</p> <p>- ore 9.10 competition:</p> <p>- m. 100 sf girls/boys - m. 100 sf woman/men</p> <p>award ceremony 100 sf girls /boys</p> <p>- m. 100 bifins girls/boys</p> <p>award ceremony 100 sf woman/men</p> <p>- m. 100 bifins woman/men</p> <p>award ceremony 100 bifins girls/boys</p> <p>- m. 400 sf girls/boys</p> <p>award ceremony 100 bifins woman/men</p> <p>- m. 400 sf woman/men</p> <p>award ceremony 400 sf girls/boys</p> <p>award ceremony 400 sf woman/men</p> <p>- FREE TEST RACES</p>	<p>Sunday 24 march afternoon</p>	<p>- ore 14,15/14,45 W&G warm up - ore 14,45/15,15 M&B warm up</p> <p>- ore 15,25 competition:</p> <p>- m. 50 sf girls/boys - m. 50 sf woman/men</p> <p>award ceremony 50 sf girls/boys</p> <p>- m. 200 bifins girls/boys</p> <p>award ceremony 50 sf woman/men</p> <p>- m. 200 bifins woman/men</p> <p>award ceremony 200 bifins girls/boys</p> <p>- relay 4x100 girls/boys</p> <p>award ceremony 200 bifins woman/men</p> <p>- relay 4x100 woman/men</p> <p>award ceremony relay 4x100 girls/boys</p> <p>award ceremony relay 4x100 woman/man</p> <p>- award ceremony for clubs and closing ceremony</p>
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NOTE: ORGANIZER'S RESERVE THE RIGHT OF ANY CHANGE TO THE SCHEDULED PROGRAMME.

NO LIMIT OF PARTECIPATION TO "FREE TEST RACES", OR OUT OF RACE IN OFFICIAL PROGRAM

For the participation in World Cup program, please refer to points 1.9, 1.10, 1.11 of the CMAS World Cup rules and and 4.3 CMAS GENERAL RULES COMPETITIONS, WORLD CUP, CHAMPIONSHIPS Version 2017/01 for the relays.

Organization will accept from each country only one judge in official jury

4 –ENROLEMENTS:

The competition is governed by CMAS Finswimming Rules, by CMAS Finswimming World Cup Rules, and by the present Specific Rules that every athlete, - with his/her enrolment - affirms to know and agrees to strictly follow.

CMAS regulations can and should be seen at the following link. <http://www.cmas.org/finswimming/documents-of-the-finswimming-commission>

Please note the following instructions regarding registration. Because of world cup all data are stored in the CMAS sport database.

1. Registration

All registration of athletes for events must be submitted only through electronic way. Application forms can be used only for accommodation and general organisation.

For registration, the website is <http://sport.cmasoffice.org>. **Opening date of registration is 18th February 2019**. This registration only applies for world cup program. Eventual additional program is managed only by organising committee.

During registration, the system matches automatically with the CMAS licenses database if it exists and is valid.

Recall of the procedures and obligations point 1.15.7. Request for licenses will be done according to previous procedures and within 10 days at least before the corresponding competition. Thus, all clubs and participants must take this delay in account for registration and this delay of 10 days is meant to be delay after payment and not after order.

2. Fees of registration

There are two types of fees, CMAS fees to be paid only online at the end of process of registration and organizing fees to be paid directly to organising committee according to the instructions communicated by organising committee in the present rules.

CMAS Fees

For each round or Golden Final, each competitor must pay to participate CMAS fees fixed annually by CMAS:

- CMAS sport license holder (for memory, the price of licence 10 €. Order only through your national Federation as usualy).
 - 10 € for participation fees by each round
- - Not CMAS sport licence holder
 - 10 € for participation fees by each round
 - Temporary licence for world cup at the first inscription in the year.
 - 14 € only for Swimming Pool World Cup (see enclosure enclosed)
 - 22 € Swimming Pool and Open Water Swimming Pool (see enclosure enclosed).

Note: these temporary licences include insurance (see appendix enclosed)

Please, note that the names of relays members must be entered during registration process on base of individual registration even they swim only relay and even according the rules, the composition of relays can be changed on place before the beginning of competition.

These fees will be paid only at the end of the registration process online only by credit card.

Before to finalize registration, you must to be sure that your bank accept that you can pay online with your card.

“FREE TEST RACES”

ONLY for “FREE TEST RACES” (any distance from 50 to 1500 or relay) complete the F.I.P.S.A.S. form, available on www.fipsas.it - www.nuotopinnato.it, and must receive until Saturday 9 march 2019 at organization (mail cednp@tiscali.it or cednuotopinnato@fipsas.it).

ORGANISATION ENGAGEMENT FEES

Euro 15,00 for club, euro 7,00 each distance or free test races and euro 14,00 each relay. Fee paid for not-performed races won't be reimbursed. Also relays must be declared with time on the enrolment forms. Late enrolments maybe accepted with a fine of Euro 50,00.

Payment of engagement fees should be made by bank transfer

- IBAN CODE:
- ASSOCIAZIONE SPORTIVA DILETTANTISTICA BLUE TEAM NUOTO PINNATO

Codice iban: IT 19 R 02008 22004 000103547072

(For tax of engagements world cup lignano sabbiadoro team.....)

BIC SWIFT: UNCRITM1479 – UNICREDIT BANCA

ATTENTION: The registrations agree and all communication further exclusively will be accepted when the CED sends the confirmation of reception of the same ones. In lack of the reception confirmation no registration will come accepted beyond the expiration of 9 March.

Also relays must be declared with time on the enrolment forms.

LATE ENROLMENTS OR PAYMENT IN CASH MAYBE ACCEPTED WITH A FINE OF 50 EURO.

For all information send to cednp@tiscali.it - cednuotopinnato@fipsas.it

5 –PRELIMINARY PROCEDURES:

All sport documents of the swimmers will be check exclusively from hours 5 p.m. to hours 10,00 p.m. of Friday 23/03/2018 at the swimming-pool of the Ge.Tur. Sportif Village in Viale Centrale, 29 Lignano Sabbiadoro (UD).

6 –FORFAIT of COMPETITORS:

The team's leader will be announcing the competitor's absent 5 days before starting competition. For every swimmer absent in a heat without communication, the club will be liable for a fine of € 50,00.

7 - REGISTERED TIME:

Timekeepers with Electronic System.

8 – INDIVIDUAL PRIZES:

Medals will be given to the first, second and third competitor in each individual race and relay in the categories Girls, Boys, Woman, Men. At the prize-giving each swimmer MUST WEAR his TEAM UNIFORM.

MEDALS WILL BE TAKEN ONLY DURING AWARD CEREMONY. PLEASE RESPECT THE PROGRAM

9 –CLASSMENTS AND CLUBS PRIZES:

Five separate club classifications will be also made for girls, boys, woman, men and general.

Prizes are previewed to first ten teams based on general classification, and to first three teams in the other classifications.

* National Teams: The general classification will be made by the total amount of the individual point (men and women, junior and senior). Four separate National Teams Classification will be made also for men, women, juniors boys, juniors girls.

* Countries Ranking:

a/ The Countries Ranking will be made in accordance with points 1.9 and 1.11 by the total amount of the individual points (men and women, junior and senior) of National Teams.

b/ If National Federation doesn't enrol its National team, the best two results by club in accordance with points 1.9 and 1.11 at each distance, at each category (men, woman, juniors and seniors) will go to Countries ranking.

10 –DOPING CONTROL:

Doping Control follows the international rules of WADA and CMAS Anti doping code.

11-CHECK EQUIPMENTS AND BOTTLES CHARGE:

Equipments will be check directly to the starting point during competition, instead bottles will have to be delivered empty to the organization for the control and recharges within hours 8,00 p.m. of 22 friday March and will come given back in the morning of saturday 23. FOR EMERGENCY REASONS THEY WILL NOT COME ACCEPTED BOTTLES BEYOND SUCH TIMETABLE. Bottles are only allowed for the warm up on saturday afternoon.

Particular regulation:

Besides how much previewed from the Italian law (presence indication check "air", ministerial stamp every two years and/or certified of ministerial test), the bottles will have to be delivered in perfect state of physical integrity and will come loaded to the maximum pressure of 200 bars (atm).

They will not come accepted bottles with important signs of rust.

12 –RESPONSIBILITY:

A.S.D. BLUE TEAM NUOTO PINNATO, C.M.A.S., F.I.P.S.A.S., the Competition Director, the Competition Officers and the Chief Judge are not responsible for accidents or damages caused to people and things, before, during or after the competition.

13 –SPECIAL NOTES:

This program could be modified for organization cause. Swimmers must be available for the Start Judge with their complete equipment at least 10 minutes before the race start.

Are allowed only bi-fins and swimsuit homologated by CMAS

Swim cap are mandatory. The organizing club reserved to accept and insert an athlete or a relay at any time at own discretion, in or outside the official classification, on request by the participating club.

Any other rule concerning the competition could be found on the C.M.A.S. Finswimming Rules.

14 –VISA:

IF YOU NEED VISA FOR ENTER IN ITALY, PLEASE MAKE CONTACT WITH ITALIAN FEDERATION (F.I.P.S.A.S.) MINIMUM 45 DAYS BEFORE THE EVENT.

15 –HOTEL INFORMATION:

- All information in accommodation form here in attachment

See you in Lignano!!!

How you can get to Lignano Sabbiadoro

You can get to Lignano Sabbiadoro by various ways of transportation:

By Car - on the highway (motorway)

By car you can reach Lignano driving on the A4 Venice - Trieste motorway or on A23 motorway linking Tarvisio and Venice; the motorway exit for Lignano is made at Latisana, following the local road no 354 which ends at Lignano.

By Bus - Bus Stations

There are many bus lines which regularly depart from the northern part of Italy towards Lignano. There are special buses linking important cities in Germany, Switzerland and Austria to Lignano. More information about bus schedules and timelines: Biglietteria Autostazione Viale Gorizia, 26 Tel. 0039 0431 71373

Bus Station Lignano SAF www.saf.ud.it

By Train - Train Stations Latisana Train station is just 20 km away from Lignano. From Latisana train station you can access by train Venice (Mestre) and its neighboring airports as well as Trieste, Udine and other main cities in Italy. Lignano and Latisana are linked by regular bus lines

Italian Railways Website : www.trenitalia.com

By Plane - Airports

The nearest airports to Lignano are *Friuli Venezia Giulia Airport* from Ronchi dei Legionari, just 58 km away from Lignano Sabbiadoro, *Marco Polo Airport* in Venice 100 km away and *San Giuseppe Airport* of Treviso, 110 km away from Lignano

City: Venice

Airport: Marco Polo

Telephone: 00390412606111

Website: www.veniceairport.it
City: Treviso
Airport: St Joseph
telephone: 0039042220393
Website: www.trevisoairport.it



BELLA ITALIA
Efa Village Sport & Family



City: Trieste
Airport: Ronchi dei Legionari
Telephone: 0039040631484
Website: www.aeroporto.fvg.it

Other information on www.bellaitaliavillage.com.